



INVISIBLE DISABILITIES

HOW CAN I HELP AS A PARENT OR CARGIVER?

- Create a profile for individual which will assist police. (See Emergency Checklist)
- Keep copy of emergency checklist in car and at home. Tape a copy on the fridge.
- Register individual in various Records Management Systems using information from Emergency Checklist. (See agency information below)
- Have emergency ID on child. (medical alert jewelry)

WAYS TO PREPARE AN INDIVIDUAL TO INTERACT WITH OFFICERS:

- ✓ Teach them NEVER to touch an officer's weapon.
- ✓ Teach them to ALWAYS keep hands visible to officer at all times.
- ✓ If possible teach individual to self-advocate.
- ✓ Explain that officer's roles are to keep **everyone** safe. This means following directions.

DURING A CRISIS

- STAY CALM - YOU ARE AN ADVOCATE!
- Before contacting police try MCOT through UNI first at 801-587-3000. (Mobile Crisis Outreach Team - Salt Lake County only)
- Request a CIT officer. (Specially trained to deal with disabled individuals)
- Make Emergency checklist available to responders.
- If officer wants to interview individual always have a caregiver present. Use camera phone to document.

KEEP IN MIND - Unknown professionals are coming to help you resolve a crisis. ASSUME they will have NO INFORMATION about the situation/individual unless you inform them.

EMERGENCY CHECKLIST

- Name and address of disabled individual and care giver
- Any weapons present
- Age, height, weight
- Diagnosis/Disability
- Mode of communication - verbal/non-verbal
- Any ID on person (Card in bag, ID jewelry)
- Fear of dogs?
- Present medications - any recent changes?
- Top 2 behaviors seen during meltdown/crisis situation (do not touch; running; aggression)
- Top 2 calming techniques - favorite object/likes/topics
- Prior law enforcement contacts - will they respond to strangers?

AUTISM SAFETY REGISTRY

REGISTER YOUR LOVED ONE IN EACH AGENCY.

FOLLOW UP TO ENSURE THEY ARE IN THE SYSTEM.

- To register with **Salt Lake City Police Department**, call 801-799-3111 or visit www.slcpd.com and go to "contact us" to find an online form. Reference Autism Safety Registry near the bottom of the page. *Information will only be used by dispatch and responding officers in an emergency situation.*