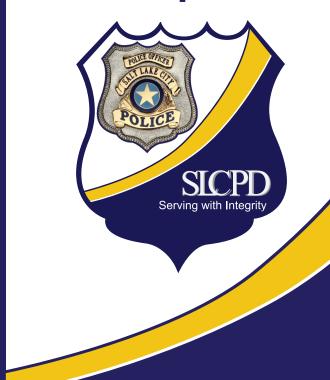


Salt Lake City Police Department





SALT LAKE CITY POLICE DEPARTMENT

Emergency 911 Dispatch (801) 799-3000

315 East 200 South Salt Lake City, Utah 84111

BICYCLE SAFETY

PLAN AHEAD

- Plan your route and make sure that someone knows where you are going and when to expect you back.
- When choosing your route, know your limitations. Do not put yourself in danger by choosing terrain that is out of your skill level.
- Be familiar with your route. Be aware of the locations of police and fire stations, and hospitals. If possible, take a cell phone in case of emergency.
- Carry identification with you; if you are unable to carry ID, write your name and phone number along with any important medical information on the inside of your shoe.
- Always wear a helmet.
- Wear light or reflective clothing, especially at night.

 Make sure that your bicycle is in good working condition before you head out.
- Bicycles must be equipped with a white head light, red tail light or reflector and side reflectors that can be seen from at least 500 feet away.



KNOW THE RULES OF THE ROAD

- Bicycles are considered a vehicle on the road and must obey all traffic signals and signs. They must also follow all lane markings, i.e. do not go straight through a right turn only lane.
- Do not ride against traffic.
- Do not weave in between cars and do not pass on the right, cars do not expect it and frequently will not be looking for it.
- Be aware of the traffic around you; listen for approaching cars and check over your shoulder from time to time.
- Use appropriate hand signals when turning.
- There are two ways to make a left turn, either like a car or like a pedestrian. Which ever left turn you choose, make sure to follow the rules associated with it (follow posted signs and street signals).
- Bicycles must yield to pedestrians.
- Make eye contact with drivers. If you do not make eye contact, you cannot assume that a driver sees you.
- Stay as far to the right of the road as practical unless passing, turning left, traveling straight when a right turn only lane is present, or if the road is too narrow to do otherwise.
- Never ride with more than two bicycles side by side when traveling on the road. If on the sidewalk, bicycles must travel single file.
- In downtown Salt Lake City, bicycles are not allowed to ride on the sidewalk in between 200 East and 400 West, and North Temple and 500 South.

WHILE YOU ARE OUT

Stay alert and aware of your surroundings no matter where you are. Don't wear headphones as they prevent you from hearing your surroundings.

Be aware of the conditions around you; keep your eyes open for changing road conditions such as slick patches or uneven terrain.

Watch for parallel slats in the road, always cross these and rail road tracks at a right angle.

Be ready to break at any time. Don't carry any items that may prevent you from using both of your hands.

Always trust your instincts. If people or locations are making you uneasy, leave or stay away.

Stay in well-lit areas and on heavily traveled streets. Avoid routes that take you through parking lots, alleys, or other dark vacant areas.

Call police immediately if you notice anything suspicious, or if anything happens to you.

If you are unable to carry a cell phone, know the location of public phones along your route.

